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This product is manufactured and marketed for domestic sales in accordance with the Japanese laws. This leaflet, translated from the original package insert created in accordance with Japanese laws, is not in compliance with laws outside Japan.

2nd Class OTC drug

Please read the package insert carefully before use and keep it with this medicine.

Topical anti-inflammatory analysesics medicine



# Precautions for use

## To be avoided

(Failure to follow the directions below may worsen existing symptoms or increase the risk of adverse reactions)

- 1. Do not use if you:
  - (1) Have had an allergic reaction to this medicine or any of its ingredients.
  - (2) Have had asthma.
  - (3) Are a child under 11 years old.
- 2. Do not use:
  - (1) Around the eyes, mucosa etc.
  - (2) Eczema, dermatitis, wound site.
  - (3) Affected area of athletic foot/tinea, or of suppuration.
- 3. Do not use over a long period consecutively.

### What to ask a doctor, pharmacist or registered salesperson

- 1. Ask a doctor, pharmacist or registered salesperson before use if you:
  - (1) Are currently treated by a doctor.
  - (2) Are pregnant or may possibly be pregnant.
  - (3) Have ever had allergic reaction to any medicines, etc.
- 2. The following symptoms have occurred due to this product, may be observed as adverse reactions. If any of the symptoms occur after use, stop use immediately and ask a doctor, pharmacist or registered salesperson with the package insert.

Related area	Symptom
Skin	Rash/redness, itching, swelling, tingling pain, feeling hot, feeling dry

3. If symptoms do not improve after using for 5 to 6 days, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.

# Ingredients/contents (per gram)

Ingredients/contents		
Indomethacin	10mg	
<i>l</i> -menthol	60mg	
Arnica tincture	5mg (1mg as Arnica)	

[Inactive ingredients] Hypromellose, macrogol, disodium edetate, BHT, fragrance, diisopropanolamine, glycerin, benzyl alcohol, diisopropyl adipate, isopropanol

### **Indications**

Muscle pain, shoulder pain associated with stiffness, low back pain, arthritic pain, tenosynovitis (hand/wrist pain), elbow pain (tennis elbow, etc.), contusion, sprain

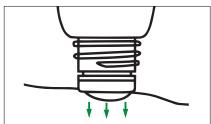
## Dosage/directions

Apply appropriate amount to the affected areas up to four times a day.

#### <Pre><Pre>cautions for dosage/directions>

- (1) Follow the dosage/directions.
- (2) This medicine should be applied to children 11 years and older only under supervision of their guardians.
- (3) Take care not to get it in your eyes. In case it gets into your eyes, immediately rinse them with water or lukewarm water. In severe cases, immediately consult with an ophthalmologist.
- (4) For topical use only.
- (5) Do not use more than 50 g per week.
- (6) Do not wrap around the affected area with a poor air permeability material, such as a wrap film, where the medicine was just applied.

#### [How to use the container]



Use after saturating the sponge head with the medicinal solution. (If the sponge head is used in dry condition, it may get torn.) \*\*If the medicinal solution does not come out fully, press the sponge head down on the affected area to make the medicinal solution come out.

# Precautions for storage and handling

- (1) Store in a cool place avoiding high temperatures and direct sunlight, with cap tightly closed.
- (2) Keep out of reach of children.
- (3) Do not transfer the product to another container. (It may cause misuse and deterioration in the quality.)
- (4) Do not leave the product exposed to high temperatures, such as in a car, as it may cause deformation of a container. Note that deformation of the container may cause cap to drop or liquid leakage.
- (5) Do not touch the mucosa such as the eyes with hands exposed to this medicine.
- (6) If the medicine adheres to clothes or bedclothes and they become soiled, wash them with water or a cleanser as quickly as possible.
- (7) Avoid contact of the medicine with metals such as glasses, watches, and accessories, clothes, plastics, the coated surface of the floor or furniture, because the adhesion may cause their deterioration.
- (8) Keep fire away from this product.
- (9) Do not use this product after its validity date (printed on the outer box and on the label of container) has expired.

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