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2nd Class OTC drug

Please read the package insert carefully before use and keep it with this medicine.

Topical anti-inflammatory analgesics medicine



## Precautions for use

### To be avoided

(Failure to follow the directions below may worsen existing symptoms or increase the risk of adverse reactions)

- 1. Do not use if you:
  - (1) Have had an allergic reaction to this medicine or any of its ingredients.
  - (2) Have had asthma.
- 2. Do not use:
  - (1) Around the eyes, mucosa etc.
  - (2) Eczema, dermatitis, wound site.
  - (3) Affected area of athletic foot/tinea, or of suppuration.
- 3. Do not use over a long period consecutively.

### What to ask a doctor, pharmacist or registered salesperson

- 1. Ask a doctor, pharmacist or registered salesperson before use if you:
  - (1) Are currently treated by a doctor.
  - (2) Are pregnant or may possibly be pregnant.
  - (3) Have ever had allergic reaction to any medicines, etc.
- 2. The following symptoms have occurred due to this product, may be observed as adverse reactions. If any of the symptoms occur after use, stop use immediately and ask a doctor, pharmacist or registered salesperson with the package insert.

Related area	Symptom
Skin	Rash/redness, itching, swelling, tingling pain, feeling hot, feeling dry

3. If symptoms do not improve after using for 5 to 6 days, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.

### Ingredients/contents (per gram)

Ingredients/contents		
Indomethacin	10mg	
<i>l</i> -menthol	30mg	
Tocopherol Acetate	20mg	
Arnica tincture	5mg (1mg as Arnica)	

[Inactive ingredients] Octyldodecyl myristate, diisopropyl adipate, carboxyvinyl polymer, hypromellose, sorbitan stearate, glyceryl stearate, polysorbate 60, disodium edetate, sodium hydrogen sulfite, diisopropanolamine, isopropanol

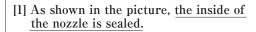
### Dosage/directions

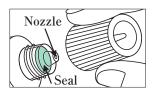
Rub appropriate amount onto the affected areas up to four times a day.

#### <Pre><Pre>cautions for dosage/directions>

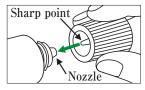
- (1) Follow the dosage/directions.
- (2) This medicine should be applied to children 11 years and older only under supervision of their guardians.
- (3) This medicine should not be applied to children under 11 years of age.
- (4) Take care not to get it in your eyes. In case it gets into your eyes, immediately rinse them with water or lukewarm water.
  - In severe cases, immediately consult with an ophthalmologist.
- (5) For topical use only.
- (6) Do not use more than 50 g per week.
- (7) Do not wrap around the affected area with a poor air permeability material, such as a wrap film, where the medicine was just rubbed.

### [How to use the container] (35g, 60g)





[2] The first time the tube is opened, press the sharp point of the cap into the sealed end of the tube. Push down firmly until the seal is open.



- Do not grip the tube tightly. The product is soft and may shoot out when the tube is pressed hard.
- After use, cleanly wipe off any remaining product on the nozzle, and pay attention not to let it stick to the surrounding area.
- Be sure to screw the cap on tightly after use.

# Indications

Shoulder pain associated with stiffness, muscle pain, low back pain, arthritic pain, tenosynovitis (hand/wrist pain), elbow pain (tennis elbow, etc.), contusion, sprain

### Precautions for storage and handling

- (1) Store in a cool place avoiding high temperatures and direct sunlight, with cap tightly closed.
- (2) Keep out of reach of children.
- (3) Do not transfer the product to another container. (It may cause misuse and deterioration in the quality.)
- (4) Do not touch the mucosa such as the eyes with hands exposed to this medicine.
- (5) If the medicine adheres to clothes or bedclothes and they become soiled, wash them with water or a cleanser as quickly as possible.
- (6) Avoid contact of the medicine with metals such as glasses, watches, and accessories, clothes, plastics, the coated surface of the floor or furniture, because the adhesion may cause their deterioration.
- (7) Keep fire away from this product.
- (8) Do not use this product after its validity date (printed on the outer box and on the tube) has expired.

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Y1626 H9K A1

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2nd Class OTC drug

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Topical anti-inflammatory analgesics medicine



# Precautions for use

### To be avoided

(Failure to follow the directions below may worsen existing symptoms or increase the risk of adverse reactions)

- 1. Do not use if you:
  - (1) Have had an allergic reaction to this medicine or any of its ingredients.
  - (2) Have had asthma.
  - (3) Are a child under 11 years old.
- 2. Do not use:
  - (1) Around the eyes, mucosa etc.
  - (2) Eczema, dermatitis, wound site.
  - (3) Affected area of athletic foot/tinea, or of suppuration.
- 3. Do not use over a long period consecutively.

# What to ask a doctor, pharmacist or registered salesperson

- 1. Ask a doctor, pharmacist or registered salesperson before use if you:
  - (1) Are currently treated by a doctor.
  - (2) Are pregnant or may possibly be pregnant.
  - (3) Have ever had allergic reaction to any medicines, etc.
- 2. The following symptoms have occurred due to this product, may be observed as adverse reactions. If any of the symptoms occur after use, stop use immediately and ask a doctor, pharmacist or registered salesperson with the package insert.

Related area	Symptom
Skin	Rash/redness, itching, swelling, tingling pain, feeling hot, feeling dry

3. If symptoms do not improve after using for 5 to 6 days, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.

# Ingredients/contents (per gram)

Ingredients/contents		
Indomethacin	10mg	
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### Dosage/directions

Rub appropriate amount onto the affected areas up to four times a day.

#### <Pre><Pre>cautions for dosage/directions>

- (1) Follow the dosage/directions.
- (2) This medicine should be applied to children 11 years and older only under supervision of their guardians.
- (3) Take care not to get it in your eyes. In case it gets into your eyes, immediately rinse them with water or lukewarm water.
  - In severe cases, immediately consult with an ophthalmologist.
- (4) For topical use only.
- (5) Do not use more than 50 g per week.
- (6) Do not wrap around the affected area with a poor air permeability material, such as a wrap film, where the medicine was just rubbed.
- Do not grip the tube tightly. The product is soft and may shoot out when the tube is pressed hard.
- After use, cleanly wipe off any remaining product on the nozzle, and pay attention not to let it stick to the surrounding area.
- Be sure to screw the cap on tightly after use.

## **Indications**

Shoulder pain associated with stiffness, muscle pain, low back pain, arthritic pain, tenosynovitis (hand/wrist pain), elbow pain (tennis elbow, etc.), contusion, sprain

# Precautions for storage and handling

- (1) Store in a cool place avoiding high temperatures and direct sunlight, with cap tightly closed.
- (2) Keep out of reach of children.
- (3) Do not transfer the product to another container. (It may cause misuse and deterioration in the quality.)
- (4) Do not touch the mucosa such as the eyes with hands exposed to this medicine.
- (5) If the medicine adheres to clothes or bedclothes and they become soiled, wash them with water or a cleanser as quickly as possible.
- (6) Avoid contact of the medicine with metals such as glasses, watches, and accessories, clothes, plastics, the coated surface of the floor or furniture, because the adhesion may cause their deterioration.
- (7) Keep fire away from this product.
- (8) Do not use this product after its validity date (printed on the outer box and on the tube) has expired.

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2nd Class OTC drug

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Topical anti-inflammatory analgesics medicine



## Precautions for use

# To be avoided

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### Dosage/directions

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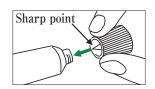
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  - In severe cases, immediately consult with an ophthalmologist.
- (5) For topical use only.
- (6) Do not use more than 50 g per week.
- (7) Do not wrap around the affected area with a poor air permeability material, such as a wrap film, where the medicine was just rubbed.

### [How to use the container] (10g)

As shown in the picture, press the sharp point of the cap into the sealed end of the tube. Push down firmly until the seal is open.

- Be sure to screw the cap on tightly after use.
- Do not grip the tube tightly. The product is soft and may shoot out when the tube is pressed hard.
- Do not bend or fold the tube. (If the tube is bent or folded, this may cause breakage of the tube.)



### Ingredients/contents (per gram)

● Indomethacin 10 mg ● *l*-menthol 30 mg ● Tocopherol Acetate 20 mg ● Arnica tincture 5 mg (1 mg as Arnica) [Inactive ingredients] Octyldodecyl myristate, diisopropyl adipate, carboxyvinyl polymer, hypromellose, sorbitan stearate, glyceryl stearate, polysorbate 60, disodium edetate, sodium hydrogen sulfite, diisopropanolamine, isopropanol

# Indications

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