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This product is manufactured and marketed for domestic sales in accordance with the Japanese laws.
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Designated Quasi-Drug

Please read the package insert carefully before use and keep it with this medicine.

Health drugs
containing vitamins

キューピーコーワヒーリング錠

Q&P KOWA HEALING TABLETS

Precautions for use

What to ask a doctor, pharmacist or registered salesperson

- ① Ask a doctor, pharmacist or registered salesperson before use if you:
Have ever had allergic reaction to any medicines, etc.
- ② The following symptoms, occurred due to this medicine, may be observed as adverse reactions. If any of the symptoms occur after use, stop use immediately and ask a doctor, pharmacist or registered salesperson with the package insert.

Related area	Symptoms
Skins	Rash/redness, itching
Digestive organs	Nausea/vomiting

- ③ If symptoms do not improve after using for some time, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.

Indications

Recovery from/prevention of fatigue, improvement/prevention of poor physical condition in daily life associated with malnutrition, difficulty in waking up, poor sleep, difficulty in falling asleep, persisting fatigue, susceptibility to fatigue, lack of physical strength, feeling of heaviness in body, physical lassitude, maintenance/improvement of physical strength, tolerance, or ability to concentrate, nutrition supply in the case of loss of physical strength during and after illness, debilitating illness with fever, loss of appetite, during pregnancy or lactation, or before and after childbirth, etc.

Dosage/directions

Take the tablet with room temperature or warm water.

Age	One dose	Daily dose
Adults (15 years and older)	2 tablets ○○	Once
Children (Under 15 years of age)	✕ Do not use.	

<Precautions for dosage/directions>

Follow the dosage/directions (When you use products containing other vitamins, etc. together with this product, be careful not to take excessive amounts.).

(Continued overleaf)

Ingredients/contents (in 2 tablets)

Ingredients/contents	
Siberian ginseng extract powder (350mg as Siberian ginseng)	14.0mg
Oxoamidine powder	50.0mg
Powdered clove	20.0mg
Carnitine chloride	50.0mg
Gamma-oryzanol	10.0mg
Thiamine nitrate (V.B ₁)	10.0mg
Riboflavin (V.B ₂)	4.0mg
Nicotinamide	12.0mg
Pyridoxine hydrochloride (V.B ₆)	5.0mg
Sodium L-ascorbate [100mg as L-ascorbic acid (V.C)]	112.6mg

[Inactive ingredients] Cellulose, corn starch, hydroxypropyl cellulose, crospovidone, magnesium stearate, hypromellose, talc, gum arabic, calcium carbonate, sucrose, gelatin, polyoxyethylene polyoxypropylene glycol, blue No. 2, carnauba wax

<Precautions for ingredients/contents>

Urine may turn yellow due to Vitamin B₂ (riboflavin).

Precautions for storage and handling

- 1 Store in a cool and dry place avoiding high temperatures, humidity, and direct sunlight, with cap tightly closed.
- 2 Keep out of reach of children.
- 3 Do not transfer the product to another container (It may cause misuse and deterioration in the quality.).
- 4 When tablets get wet with water, the surface of tablets may be discolored or cracked. Therefore, avoid falling water drops on tablets or handling tablets with wet hands. If tablets accidentally become wet, discard the wet tablets.
- 5 The cushioning material in the container (plastic film) is for protection of tablets during transportation. Make sure to discard the material once the cap is opened.
- 6 If the cap of the container is not closed tightly, the quality may deteriorate due to moisture in the air. Therefore, close the cap tightly after each use.
- 7 Tablets may be cracked and their quality may be affected adversely due to external shocks such as being dropped. Therefore, the product should be handled with care by storing it in the box, etc.
- 8 Write down the date when the cap is opened in the column on the outer box and on the label.
- 9 Do not use this product after its validity date (printed on the outer box and on the label) has expired. For quality maintenance reasons, this product should be used within 6 months once the cap is opened.



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