Precautions for use

**To be avoided**
(Failure to follow the directions below may worsen existing symptoms or increase the risk of adverse reactions)

1. Do not use the following medicines while taking this medicine.
   Gastrointestinal analgesics and antispasmodics
2. Do not use during breastfeeding:
   avoid breastfeeding when using this medicine. (An ingredient may pass into breast milk and cause rapid heartbeat in the infant.)

**What to ask a doctor, pharmacist or registered salesperson**

1. Ask a doctor, pharmacist or registered salesperson before use if you:
   (1) Are currently treated by a doctor.
   (2) Are pregnant or may possibly be pregnant.
   (3) Are elderly.
   (4) Have ever had allergic reaction to any medicines, etc.
   (5) Have the following symptom:
      Dysuria
   (6) Have been diagnosed with the following conditions:
      Kidney disease, cardiac disease, glaucoma, thyroid dysfunction

2. The following symptoms, occurred due to this medicine, may be observed as adverse reactions. If any of the symptoms occur after use, stop use immediately and ask a doctor, pharmacist or registered salesperson with the package insert.

<table>
<thead>
<tr>
<th>Related area</th>
<th>Symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin</td>
<td>Rash/redness, itching</td>
</tr>
</tbody>
</table>

3. The following symptom may occur after use; in case this symptom persists or worsens, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.
   Dry mouth

4. If symptoms do not improve after using for about two weeks, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.

**Other precautions**

This product precautions may reduce the flow of breast milk.

**Indications**

Stomach distress, gastrasthenia, heavy feeling in the stomach, stomachache, overeating, overdrinking, heartburn, nausea (retching, churning of stomach, nausea due to hangover/overdrinking, sickness, nausea), vomiting, loss of appetite, indigestion, gastric hyperacidity, belching, dysphagia, promoting digestion, feeling of fullness in the stomach/abdomen, and stomach heaviness.
Dosage/directions
Take the following amount with room temperature or warm water after meals.

<table>
<thead>
<tr>
<th>Age</th>
<th>One dose</th>
<th>Daily dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults (15 years and older)</td>
<td>1 packet</td>
<td></td>
</tr>
<tr>
<td>11-14 years of age</td>
<td>2/3 packet</td>
<td>3 times</td>
</tr>
<tr>
<td>8-10 years of age</td>
<td>1/2 packet</td>
<td></td>
</tr>
<tr>
<td>Children (Under 8 years of age)</td>
<td>X Do not use.</td>
<td></td>
</tr>
</tbody>
</table>

<Precautions for dosage/directions>
① Follow the dosage/directions.
② This medicine should be given to children only under supervision of their guardians.

Ingredients/contents (in 3 packets: 3.9g)
● Methylmethionine sulfonium chloride 150.0mg ● Sodium bicarbonate 700.0mg ● Magnesium carbonate 250.0mg
● Precipitated calcium carbonate 1200.0mg ● Scopolia extract powder (33.3%) 90.0mg (30.0mg as scopolia extract)
● Perilla herb powdered extract 30.0mg (270.0mg as perilla herb) ● Powdered swertia herb 30.0mg
● Biodiastase 2000 24.0mg ● Lipase API2 15.0mg
[Inactive ingredients] Hydrogenated oil, hydroxypropyl cellulose, D-mannitol, carrimelllose calcium, calcium lactate, sucralose, l-menthol, silicon dioxide, fragrance, corn starch, dextrin

Precautions for storage and handling
① Store in a cool and dry place avoiding high temperatures, humidity, and direct sunlight.
② Keep out of reach of children.
③ Do not transfer the product to another container. (It may cause misuse and deterioration in the quality.)
④ When planning to take the rest of the divided portion later, fold and close the packet before storing and take it within 2 days.
⑤ Do not use this product after its validity date (printed on the outer box and on the packet) has expired.

Marketing Authorization Holder  Kowa Company, Ltd. 3-4-14, Nihonbashi-Honcho, Chuuo-ku, Tokyo

Y1245 H7F A1