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2nd Class OTC drug

Please read the package insert carefully before use and keep it with this medicine.

Vitamin B1 complex

キューピーコーフコンドロイザー Q&P KOWA CHONDROIZER

Precautions for use

What to ask a doctor, pharmacist or registered salesperson

- **O**Ask a doctor, pharmacist or registered salesperson before use if you:
 - (1) Are pregnant or may possibly be pregnant.
 - (2) Have ever had allergic reaction to any medicines, etc.
- The following symptoms, occurred due to this medicine, may be observed as adverse reactions. If any of the symptoms occur after use, stop use immediately and ask a doctor, pharmacist or registered salesperson with the package insert.

Related areas	Symptoms
Skin	Rash/redness, itching
Digestive organs	Nausea/vomiting

The following symptoms may occur after use; in case these symptoms persist or worsen, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.
Loose stools, diarrhea

If symptoms do not improve after using for about one month, stop use and ask a doctor, pharmacist or registered salesperson with the package insert.

Indications

1. Relief of the following symptoms:

Joint pain/muscle pain (low back pain, stiff shoulder, frozen shoulder, etc.), nerve pain, numbness in limbs, constipation, eyestrain

2. Beriberi

"However, if symptoms in the above 1 and 2 do not improve after using for about one month, ask a doctor or pharmacist."

3. Replenishment of vitamin B₁ in the following cases:

At the time of physical exhaustion or loss of physical strength during and after illness

Dosage/directions

Take the tablets with room temperature or warm water after breakfast and dinner.

Age	One dose	Daily dose
Adults (15 years and older)	3 tablets OOO	Twice
Children (Under 15 years of age)	★ Do not use.	

<<u>Precautions for dosage/directions</u>> Follow the dosage/directions.

Ingredients/contents (in 6 tablets)

Ingredients/contents	
Sinomenium stem extract powder [3000 mg as sinomenium stem]	240.0mg
Chondroitin sulfate sodium	800.0mg
Benfotiamine [30.0 mg as thiamine chloride hydrochloride (V.Bı)]	41.49mg
Cyanocobalamin (V.B12)	60.0 µg
Tocopherol calcium succinate [50.0 mg as <i>dl- a</i> -tocopherol succinate (V.E)]	51.79mg

[Inactive ingredients] Glucosamine hydrochloride, hydroxypropyl cellulose, cellulose, crospovidone, magnesium stearate, polyvinyl alcohol/acrylic acid/methyl methacrylate copolymer, talc, titanium oxide, triethyl citrate, glyceryl stearate, sodium lauryl sulfate, carnauba wax

Precautions for storage and handling

- Store in a cool and dry place avoiding high temperatures, humidity, and direct sunlight, with cap tightly closed.
- 2 Keep out of reach of children.
- **3** Do not transfer the product to another container. (It may cause misuse and deterioration in the quality.)
- When tablets get wet with water, the water may alter the ingredients. Therefore, avoid falling water drops on tablets or handling tablets with wet hands. If tablets accidentally become wet, discard the wet tablets.
- **6** The cushioning material in the container (plastic film) is for protection of tablets during transportation. Make sure to discard the material once the cap is opened.
- **6** If the cap of the container is not closed tightly, the quality may deteriorate due to moisture in the air. Therefore, close the cap tightly after each use.
- **7** Write down the date when the cap is opened in the column on the outer box and on the label.
- **③** Do not use this product after its validity date (printed on the outer box and on the label) has expired. For quality maintenance reasons, this product should be used within 6 months once the cap is opened.

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